

# PRE-K AND KINDERGARTEN PARENT IN-SERVICE

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APRIL 30, 2022



# A PARENT'S PRAYER

THANK YOU FOR MY CHILDREN, LORD; I KNOW THEY ARE A GIFT FROM YOU. I NEED YOUR STRENGTH AND WISDOM DAILY TO TRAIN THEM IN THE WAY THEY SHOULD GO. GIVE ME PATIENCE AND A JOYFUL HEART; LET ME BE AN EXAMPLE OF YOUR LOVE AND FORGIVENESS. THANK YOU, FATHER, FOR THE HONOR OF BEING A PARENT. AMEN.



# MISSION STATEMENT

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The mission of St. Aloysius Catholic School is to educate the whole child in the Catholic tradition for a life of meaning and purpose.

# OUR ADMINISTRATIVE TEAM

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- Mrs. Erin Candilora-Principal
- Mrs. Stacey Keaton-Assistant Principal
- Mrs. Michelle Dozier- Assistant Principal
- Mr. Mark Messina-Dean of Students

# OTHER PERSONNEL

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## School Counselors

- Mrs. Laurie Snaith (PreK through 1<sup>st</sup> grade)
- Mrs. Natalie Sloan (2<sup>nd</sup> through 5<sup>th</sup> grade)
- Mrs. Merritt Voitier (6<sup>th</sup> through 8<sup>th</sup> grade)

## School Nurses

- Mrs. Michaelyn Bellelo
- Mrs. Amy Johnson

## Development Director

- Mrs. Mary Dawson

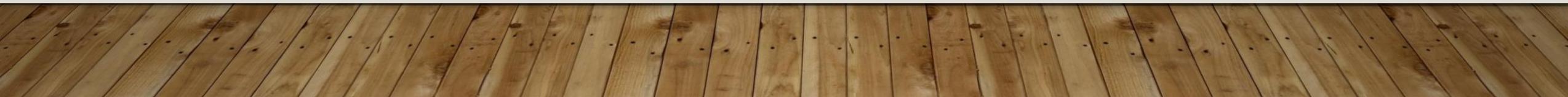
# OUR TEACHERS

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## Pre-K

- Ms. Laura Naquin
- Ms. Lacey Perry
- Ms. Lauren O'Brien
- Ms. Christy Jackson

## Kindergarten

- Ms. Debra Bennett
  - Ms. Beth Cronin
  - Ms. Cheryl Frost
  - Ms. Angela Holley
  - Ms. Stephanie Granger
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# ST.ALOYSIUS SCHOOL WEBSITE

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- [School Website](#)

# EXPECTATIONS

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- All students entering St.Aloysius School must be potty-trained.
- This means that your child must be able to ask when he/she needs to use the restroom, must be able to undress, clean themselves, and dress again without assistance.
- A child needing pull-ups is not completely trained and, therefore, is not ready to come to St.Aloysius School.
- Practice using public restrooms, automatic toilets, and hand dryers.

# COMMON PROBLEMS

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## Separation

Say a quick, cheerful goodbye. Do not linger.

Parents should say their goodbyes at carpool before the duty teacher opens the door. Please do not enter the primary building.

## Hitting

Set the expectation with clear, concise language.

Use consistency in consequences and positive reinforcement.

Use teachable moments at home— Ex. Rewind and Replay.

Instead of getting angry or frustrated with your child, think of it as a skill deficit.

## Receiving Less Attention

Must share with 25+ other students

Model, role-play, and reinforce appropriate behaviors



# FINE MOTOR SKILLS



- Break crayons into small pieces
- Let them use scissors
- Using small (4 inch) golf pencils
- Use pencil grips
- Activities such as puzzles, Play Doh, Lite Brite, sewing cards
- Build core strength



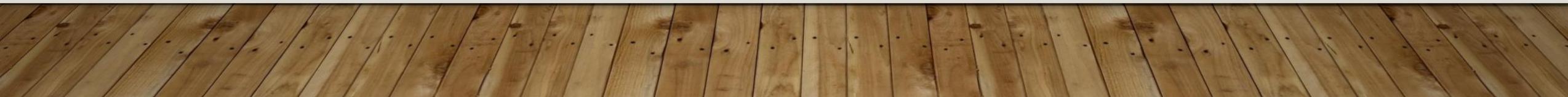
# SPEECH, LANGUAGE, MOTOR, OR ACADEMIC CONCERNS

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## Referral Sources

- EBR School System Pupil Appraisal:
- Stacie Jordan at [929-8710](tel:929-8710) or Michelle Frederic at [929-8627](tel:929-8627)
- Private Providers and Agencies
- Provide all evaluations to school
- Approved therapists for PreK and K during school hours

**Early Intervention is KEY**



# STRATEGIES/RECOMMENDATIONS

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## **Technology**

The American Academy of Pediatrics (AAP) recommends that children younger than 18 months should have no screen time at all, other than video-chatting. For kids ages two to five, AAP recommends limiting screen time to one hour a day.

## **Sleep**

Children 3 to 5 years of age should sleep 10 to 13 hours per 24 hours (including naps). The AAP suggests that all screens be turned off 30 minutes before bedtime and that TV, computers and other screens not be allowed in children's bedrooms. For infants and young children, establishing a bedtime routine is important to ensuring children get adequate sleep each night.

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**It is not what you do for  
your children,  
but what you have taught  
them to do for themselves,  
that will make them  
successful human beings.**

**Ann Landers**

# HOME RESPONSIBILITIES FOR AGES 3-4:

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- Put groceries away.
- Help with grocery list and shopping.
- Clean up after playing.
- Follow a schedule to feed pets.
- Make own bed (keep linens simple).
- Helps load dishwasher and wash dishes.
- Dust furniture.
- Share toys with friends.
- Get the mail.
- Tell parent his whereabouts before going out to play.
- Should be able to play without constant adult supervision.

# Home Responsibilities for Ages 5-6

All of the above with increasing challenge

- Help with grocery shopping
- Set the table
- Involved in more challenging preparation of food, including baking and cooking, with assistance
- Make bed and straighten room
- Attend to personal hygiene
- Fold clothes and puts them away
- Yard work and gardening
- Feed pets and clean their living area

# OTHER RESOURCES

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## **Parenting**

- John Rosemond
- *Six Point Plan for Raising Happy, Healthy Children*
- *Parenting by the Book: Biblical Wisdom for Raising Your Child*

## **Growth Mindset**

Mary Cay Ricci

*Mindsets for Parents: Strategies to Encourage Growth Mindsets in Kids*

Carol Dweck

*Mindset: The New Psychology of Success*

# QUESTIONS

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