



# ST. ALOYSIUS CATHOLIC SCHOOL

## Lion's Roar: January 23, 2023

Parents,

Each year in conjunction with Catholic Schools' Week, individual schools name a Distinguished Graduate to be honored. We are proud to announce this year's recipient from St. Aloysius School is **Dr. Randall Plaisance**. He is the President and Veterinary Clinician at Castaway Animal Clinic P.C. in Auburn, Alabama. Randall's local and global community service distinguish him as an exemplary St. Aloysius graduate. In addition to Randall's extensive professional commitments, humble demeanor, commitment to his Catholic faith and family, he has gone above and beyond to give back to others in his community.

In addition to many awards and distinctions over the years, Randall led multiple teams to Venezuela focusing on sharing Christ love through animal husbandry, zoonotic disease education and childhood education. Dr. Plaisance helped develop Anawim which was a partnership with a youth ministry in Uganda. He spent time in Uganda with Fr Michael Senfuma developing soccer programs for Ugandan children. He assisted in fundraising and developing long term programs to support the youth ministry in Uganda and also developed programs aiding families in improving their livestock and sharing livestock with neighboring families. Dr. Plaisance also taught fourth grade catechesis for 5 years. Additionally, Dr. Plaisance and his wife served as a therapeutic foster home for 5 years.

Please join us in congratulating **Dr. Randall Plaisance** as St. Aloysius School's Distinguished Graduate for the 2022-2023 school year. He will receive his award from Bishop Duca at the Distinguished Graduates Dinner during Catholic Schools' Week!

*"Blessed are the poor in spirit; the kingdom of heaven is theirs!"*

---

### **Important Dates:**

**Monday, January 23**

**Tuesday, January 24**

**Wednesday, January 25**

**Monday, January 30**

**February 20-24**

**Friday, March 10**

**Monday, March 13**

**Band Meeting; 6:30pm; Parish Hall**

**8th Grade Retreat**

**7th/ 8th Class Mass**

**Re-enrollment due**

**No School- Mardi Gras Holiday**

**PreK-2 No School- Parent Conferences**

**No School for All Students- Teacher Inservice**

---

**REGISTRATION FOR 2023-2024 SCHOOL YEAR:** The re-enrollment deadline is **Monday, January 30**. Remember to email Mrs. Candilora by Jan. 30 if your child is not returning; this allows the spots for new applicants. We are blessed to have so much interest in St. Aloysius School this year. Thanks for your support and word of mouth accolades, as many indicate how happy their friend's children are here at SAS and how impressive the church community is as the reasons they want to enroll their own children.

---

**LOST AND FOUND ITEMS:** The Lost and Found has a substantial number of sweatshirts, water bottles, and lunch boxes. For missing items, please check the Lost and Found bin and shelves located in the Old Gym.

---

**SAS CHEER TRYOUTS:** Any current 6th or 7th grade girl is welcome to try out for the 2023-2024 7th/8th grade Cheerleading Squad. Tryout material will be taught **Monday, March 27th - Thursday, March 30th, from 3-4pm** in the old gym. Tryouts will be **Friday, March 31st**, from 3-4:30pm. Cheerleaders **MUST** be able to attend summer camp June 5th-8th in order to try out. If you have any questions, please email Amy Perret at [aperret@aloysius.org](mailto:aperret@aloysius.org).

---

**THE GREAT KINDNESS CHALLENGE:** January 23-29 kicks off The Great Kindness Challenge. The Great Kindness Challenge is a week-long program dedicated to creating a culture of kindness and compassion in communities worldwide.

To help our students practice kindness and put their compassion into action, they will receive a Great Kindness Challenge checklist. Pre and K students will receive the Junior Edition.

We will encourage all students to complete as many acts of kindness as possible at school and hope they feel inspired to continue them at home. We have even added a Family Edition checklist so that you too can get in on the fun with your child(ren).

Together, we will lift each other up, cheer each other on, and show the world that **KINDNESS MATTERS!**

---

**CATHOLIC SCHOOLS' WEEK JANUARY 30-FEBRUARY 3** - Catholic schools and parishes use this weeklong event to highlight what's great about Catholic schools. A few reasons to celebrate are:

- Catholic schools continually outperform public and other private schools on national assessment tests, such as the National Assessment of Educational Progress (NAEP).
- Catholic high schools have a **99** percent graduation rate compared to 86 percent of public schools.
- Catholic schools' service programs expose students to different communities of need and service to others, raises their social awareness and helps to build a better society.
- Catholic schools are near the top in national testing in learning outcomes for students receiving free and reduced-price lunch.
- Catholic schools contribute to the common good through financial savings to state and local communities. Based on the average public school per-pupil cost, Catholic schools

save the American taxpayers more than **\$22.7 billion** a year by not educating those students in public schools.

---

**VOLLEYBALL AND TRACK:** The sign up for Volleyball is live on the athletics website next to the Volleyball or you can use the direct link below. The fee for Volleyball is \$110 and will be paid during the online sign up process. If you have not already submitted a Medical History Form please complete it and email it to [athletics@alloysius.org](mailto:athletics@alloysius.org). Our tryout dates are still being finalized but will most likely be the 2nd or 3rd week of February. I will send another email when this is finalized. If you or someone you know would be interested in coaching please have them email me at [athletics@alloysius.org](mailto:athletics@alloysius.org).

### **FACTS Volleyball sign up**

The sign up for Track and Field is live on the athletics website next to the Track or you can use the direct link below. The fee for Track is \$50 and will be paid during the online sign up process. If you have not already submitted a Medical History Form please complete it and email it to [athletics@alloysius.org](mailto:athletics@alloysius.org). Track practices are tentatively set to begin the week of February 27th. If you or someone you know would be interested in coaching please have them email me at [athletics@alloysius.org](mailto:athletics@alloysius.org).

### **FACTS Track Sign Up**

---

**ANNUAL APPEAL UPDATE:** We sincerely thank all those who are joining together to support the children of SAS through our Annual Appeal and iGiveCatholic Campaign.

For more information about the Annual Appeal and online donations, please visit the Development page on our website: <https://www.alloysius.school/annualappealbrochure>. The following donors are graciously acknowledged for their recent gifts as of 1/19/23.

Bev and Wes Adams  
Leigh and Richie Adams  
Rachel and James Alcock  
Laura Boudreaux and Anthony Alfonso  
Sheila and Richard Alwood  
Martha and Frederic Amman  
Lauren and Adam Andrews  
Angela and Dewey Angelloz  
Vincent Arbour, III  
Cheryl and Cornel Arceneaux  
Sebastian and Jackson Ashton  
Aimee' and Chad Aultman  
Camille Avery  
Katie and Ryan Babin  
James and Nancy Babington

Marion Bahlinger  
Barbara and Larry Bahlinger  
Margaret Baier  
Jennifer Bailey  
Karyn Bailey  
Nancy and Robert Baldrige  
Denise and Ronny Ball  
Janell and Paul Bannon  
Carol and Winky Barback  
Terri Barbay  
Nancy and Lionel Barber  
Anna Kathryn and Douglas Barber  
Kari and Anderson Barber  
Katie Bares  
Tanya and Allen Bares

Dottie and Melvin Barnett  
Crystal and Adam Barzare  
Monee and Biff Bayard  
Raye Beck  
Lesley Beckers  
Kate and Charles Becnel  
Michaelyn Bellelo  
Beverly Bellows  
Farrah and Derek Benedetto  
Debra Bennett  
Jodie Benton  
Debbie and Sheard Ber  
Kimberly and Myles Bergeron  
Lester Bergeron  
Ady Bergeron  
Laurie and Charles Besselman  
Frances Beverly  
John Bilisoly  
Leigh-Anne and William Biossat  
Mickel and Leo Blaize  
Joni and James Blakeman  
Anne Blanchard  
Marilyn and Phil Bohan  
Elaine Bologna  
Jeanie and David Bondy  
Jacie and Trent Bondy  
Beth Bordelon  
Eddie Boudreaux  
Angele and Michael Bourg  
Tam and Richard Bourgeois  
Judy and Vince Brenner  
Madeline and Ricky Brewer  
Lauren O'Brien  
Karen and Frank Briganti  
Holle and Donald Briskman  
Lauren and Joseph Britt  
Cathey Broussard  
Dawn Broussard  
Cindy and Steve Brown  
Tiffany Brown  
Sandy and Greg Brown  
Catherine and Thomas Brown  
Marcy and Joseph Brown  
Shani Brown  
Jamie Broyles

Sharon and Richard Bundy  
Amy and Brandon Burris  
Leigh Ann and Eric Burton  
Laura and Ryan Busbice  
Maia and Tom Butler  
Leigh Ann and Daniel Butler  
Mimi Caballero  
Anne and David Calhoun  
Erin Candilora  
Mollie and Gaston Carby  
Megan and Philip Cardaro  
Anne and Steve Carville  
Rose and Ronald Champagne  
Phyllis Champagne  
Susan Chappell  
Ashley and Neil Chappell  
Kendra and Donny Charbonnet  
Bonnie and John Chavanne  
Linda and Brian Chustz  
Rachel and Michael Chustz  
Sam Coates  
Douglas Cochran  
Ann Coco  
James Coerver  
Steven Cohan  
Charles Colvin  
Ann and Larry Cook  
Kathy Cook  
Elaine and Donald Cook  
Kandi and Stephen Corte  
Stephanie Coxe  
Sarah and Richard Creed, Jr.  
Sarah and Richard Creed, Jr.  
Richard Creed, III  
Carlie and Bradley Cresse  
Beth and Matt Cronin  
Brenda and Leslie Cross  
AnaMaria Cuadra  
Father Randy Cuevas  
Kristie and Brett Culpepper  
Rachel and Laura Dale  
Alvin Dauenhauer  
Susan Davidson  
Anne and Peter Davis  
Nancy and Joe Dawson

Rosarita Nicosia and Tony De Falco  
Mary T and Jim deBrueys  
Jenell Decuir  
Diane Derbins  
Billie Dimattia  
Phillip Dimattia  
Maureen and Chris Dippel  
Jace and Buster Dobrowolski  
Thomas Dobrowolski  
Cristin Dobrowolski  
Cathryn Dobrowolski  
Matthew Doiron  
Margot and Jeff Donnes  
Amber and Jacob Donnes  
Stephanie Doolittle  
Melissa and Anderson Dotson  
Hannah Douglas  
Jesse and Patrick Downs  
Michelle Dozier  
Lauren and Tim Dubnansky  
Ginger and Johnny Dunaway  
Nancy and Terry Dupuy  
Sherri Dupuy  
Addie and Claiborne Duval  
Lisa and Ralph Dyer  
Cristyn and Lane Dyess  
Wren and Bernie Eagleton  
Elizabeth and Taylor Edgens  
Becky and Chris Eldredge  
Debra and George Eldredge  
Becky and Chris Eldredge  
Susanne and Richard Ellis  
Janet and Richard Ely  
Ellen and Mark Engemann  
Karen England  
Kathy Entes  
Connie Errickson  
Natalie and Bart Evans  
Jo Ann and Michael Falgoust  
Lindsay and Scott Falgoust  
Donna and Crayton Fargason  
Rachel and Jonathan Farmer  
Ellen Farr  
Blanche and Jedd Faulk  
Art Favre

Charlene Favre  
Renee Ferguson  
Alana and Keith Fernandez  
Rose Marie and Johnny Fife  
Joan Flint  
Tiffany Fontana  
Jan and Dennis Fontenot  
Kathryn and Dexter Fontenot  
Mike and Ashley Fontenot  
Benny Fontenot  
Lindsey and Derek Foret  
Nancy and Jerry Fourrier  
Mandy and Drew Fourrier  
Elizabeth and Nathan Fourrier  
Elinor Frantz  
Joan and Charles Freel  
Sherilyn and Cliff Friedman  
Bradley and Jerry Friedrichs  
Cheryl Frost  
Katie Frost  
Julie and Gary Fuller  
Ann Funes  
Kelsey and Chris Funes  
Carmenza and Ronaldo Funes  
Donna and Mark Garon  
Lisa and Andy Gaudiano  
Hillary and Jason Gelpi  
Maria and Patrick Gensler  
Vickie Giamalva  
Deborah and Vance Gibbs  
Olivia Gilcrease  
Fran and Buck Gladden  
Sharon and David Glenn  
Susie and Ben Glueck  
Donna and Daryl Glueck  
Lee Goebel  
Katherine Gold  
Lauren Golleher  
Jo Gomez  
Stephanie Gonthier  
Katie and Gavin Goodlife  
Christine and Taylor Graham  
Leslie and A.C. Grand  
Stephanie Granger  
Amanda Granier

Stacie Granier  
Brenda Gremillion  
Neysa and Mike Gremillion  
Darren Gremillion  
Alice Griffith  
Ann and Rob Guercio  
Blair and Rhaoul Guillaume  
Nancy and Jerry Guillot  
Taylor and John Gulotta  
Krista and John Haefner  
Mary and John Hagewood  
Jeanie and Lewis Hannaman  
Carolyn Hargrave  
Crystal Harmon  
Sue and Jay Harney  
Camille Harrison  
Toni and Scott Hayes  
Gay Hebert  
Lillie and Terry Hebert  
Jana and Michael Hebert  
Monica Heitman  
Brandi and Stephen Hernandez  
Camille Herring  
Diana Hetzler  
Lauren and Carlos Hidalgo  
Shyla and Garrett Hiebert  
Vicki Hill  
Carol Hill  
Brigid and Eddie Himel  
Natalie and Jerry Himmel  
Jan and Roger Hinson  
Alice and Pete Hirschey  
Jeannie Hodges  
Kathy and Jim Hoffman  
Kay and Herschel Hoffpauir  
Allison and Erik Hoffpauir  
Angela Holley  
Hollea and Stephen Holliday  
Jessica and Walter Huffman  
Nancy and Scott Hupperich  
Teresa Hyfield  
Amanda and Guy Hymel  
Christy Jackson  
Glenda Jackson  
Judy Jackson

Marsha and Stephen Jacob  
Juanita and Ken Jacob  
Laurie and Matthew Jennings  
Martha and John Jewell  
Emily and Rob Jewell  
Amy Johnson  
Liz and Jay Jolly  
Theresa and Matthew Jones  
Kelley and Chris Jones  
Missy Jones  
Robin and Dusty Jumonville  
Patrick Kane  
Jeanette and Celestin Kasongo  
Cary and Ric Kearny  
Sharon and Robert Keaton  
Nancy and Chris Keaton  
Stacey Keaton  
Tricia and Chris Kelehan  
Jeri and David Kelly  
Charel and Preston Kennedy  
Elise and Bahij Khuri  
Jan Kleiner  
Debbie and Kevin Knobloch  
Kayla and Richard Kucharchuk  
Frankie and Michael LaBorde  
Patricia LaBruyere  
Pamela and Darrell Lakvold  
Amy and Brad Lambert  
Dianne and Ray Lamonica  
Suzanne Landry  
Valerie and Adrian Landry  
Johanna and Mitchell Lasseigne  
Jessica and Jason Lassiter  
Publication Name  
Cherie and Shaun Lato  
Kaye Lato  
Katherine and Daniel LaVie  
Laurie and John Laville  
Maris LeBlanc  
Chris LeBlanc  
Betty and Michael LeBlanc  
Aimee LeBlanc  
Wendy LeBlanc  
Beverly and George Lee  
Marla Lefevé

Patrice LeJeune  
Joanna Lemoine  
Holly and Charles Leonard  
Patty and Louis Leonards  
Nancy and Mark Levert  
Kathryn and Ron Lewis  
Katherine and Kris Lindsay  
Laurianne and Damon Lipari  
Sally Lofland  
Frances and Daniel Lopez  
Kristen and Daniel Losavio  
Margy and Ben Loup  
Jodi and Matt Loup  
Peggy and Bradley Lowe  
Mady and Ed Lundin  
Kayla and Ward Lundin  
Johnny Luneau  
Kimberly and Brandon Mackey  
Renee and Paul Major  
Sharon Mannino  
Natasha Mapp  
Jill and Donovan Marbury  
Cherie and BG March  
Stacy and Jonathan Martin  
Donna Martin  
Jerry Martin  
Angelle and Zach Martin  
Darlene and Henry Martinez  
George and Nicholas Mathews  
Trudy and Gary Matthews  
Brandi Matthis  
Natalie and Jason Maxwell  
Molly and Taylor Mayeux  
Robin Mayhall  
Nancy and John McCabe  
Lorraine and Scott McCormick  
Kay and Clark McLellan  
Gina and Mark McNemar  
Anne and Tom Meek  
Cathy Melanson  
Sheila and Ron Messina  
Amanda Messina  
Mark Messina  
Erin and Jeff Meyers  
Debbie Michael

Judi and Leo Mickenheim  
Lauren and Jason Mickenheim  
Cary and Rolfe Miller  
Ellen Miller  
Michael Miller  
Sherry and Robert Miller  
Penny Milligan  
Rebecca and Rene Milligan  
Carole and Ed Milner  
Emily and Jason Miranda  
Dawn and Jeff Mire  
Arline and Sam Mistretta  
Caroline and Paul Mladenka  
Katy and David Moll  
Lettie and Rodney Moll  
Lisa Mongrue  
Phyllis Montalbano  
Montgomery and Waggenpack Architects  
Jennifer Moore  
Lisa Moore  
Tami and Mike Moran  
Alejandra Moreno  
Penny and Ernie Moser  
Samantha and Stephen Moses  
Carolyn Murphy  
Bethany and Jeff Murray  
Laura Naquin  
Tori and Chris Naquin  
Joan Nauman  
Suzy Nelson  
Donna and Richard Newman  
Laura Normand  
Mary Ann and Rick Nowlin  
Paulette and Mike O'Brien  
Diane and Bland O'Connor  
Marvin and Louis Olinde  
Cheryl and Beau Olinde  
Patrice Oncale  
Grace Ann and Michael Ourso  
Cindy and Bobby Overall  
Aimee and Paul Pacanovsky  
Susan and Richard Parker  
Kristin and Michael Pasquier  
Anne and Jeff Patin  
Jane Patout

Peggy and Chuck Patout  
Lisa Pecquet  
Betsy and Ed Peneguy  
Stephanie Peneguy  
Laura and Wesley Penn  
Irene W. and C.B. Pennington Foundation  
Blair and Jonathan Percle  
Amy Perret  
Jacqueline and Brian Perry  
Lacee Perry  
Ninette Perry  
Fran and John Perry  
Terry and David Persac  
Lori and Geoffrey Peters  
Janice and Vernon Pfister  
Allison and Minh-Tuan Pham  
Suu and Thu Phan  
Michael Phillips  
James Pierson, III  
Trish Piland  
Erica and Blake Pino  
Christina and Ransom Pipes  
Amilie and Brent Pipsair  
Rachel and Joshua Pitre  
Sara and Joseph Pitz  
Andrew Pizzo  
Alcia and Randy Plaisance  
Laura and Jay Poche'  
Bill Poche'  
Belinda and Chris Porche  
Kami and Stephen Powell  
Lucile Prejean  
Kate and Paul Prejean  
Samantha and Nicholas Rauber  
Charles Reed  
Amanda Register  
Jennifer Rentz  
Beverly Richard  
Elizabeth and David Richard  
Carla and Byron Richard  
Vicki and Bo Richardson  
Bud Richey  
Cherry and Barry Riggs  
Larry Rivet  
Laura and James Roberts

Karen Robillard  
Brennan and Brian Rodriguez  
Judy Roger  
Patricia Rogers  
Jeannette and Mike Rolfsen  
Kristy Robique  
Christopher Rouse  
Lindsey and Blake Roussel  
Ashley and Scott Roussel  
Alaina and Eric Rowley  
Marie and Richard Ruggiero  
Carol Rush  
Olivia and Craig Sabottke  
Cynthia and Victor Sages  
Kristin and Clint Sandefer  
Judy and Judson Sanders  
Irene Sanders  
Anne and Craig Saporito  
Anita and Vic Saucier  
Carol and Tony Savoie  
Bill Scheffy  
Lacey and Clint Schonacher  
Margaret and Robert Schonberg  
Jamie and Roland Self  
April and Martin Setliff  
Brook and Erik Showalter  
Rupi Sidhu  
Mark Simmons  
Aimee and Chip Simon  
Laskmi and Lance Singleton  
Linda and Robert Skapura  
Renee and Thomas Skinner  
Natalie Sloan  
Paula and Coy Smith  
Heidi and Brad Smith  
Carol and Jeff Smith  
Laurie Snaith  
Lisa and Jeremy Songne'  
Abbie and Nick Speyrer  
Michelle and Stewart Spielman  
Mellisa and Brandon St. Amant  
Lisa and Brad St. Germain  
Shelby and Timothy St. Romain  
Nancy and Paul Staid  
Stephanie Stalter



Claire and Jonathan Stephens  
 Cathy and Ross Stephens  
 Ann and David Strange  
 Elaine and Theodore Strenski  
 Moo and Martin Svendson  
 Denise Sykes  
 Kristen and Jacob Talbot  
 Ellen and Thomas Tanner  
 Ashley and Joshua Tassin  
 Jellessica Tate  
 Adrienne and Bob Taylor  
 Sarah Teague  
 Meg and Michael Thomassie  
 Kelley Thompson  
 Alexis and Bud Thompson  
 Larry Toups  
 Paula and Joseph Toups  
 Molly Town  
 Rachel Town  
 Jeanne and Art Tribou  
 John Turner  
 Robert Turner  
 Cookie and Kerry Uffman  
 Betty and Ryan Uzee  
 Linda Varnau  
 Eva and Mark Ventress  
 Jennifer Viator  
 Laura and Parker Vidrine

Sandy and Steve Vidrine  
 Gwen Viguerie  
 Roena Vlahos  
 Merritt and Jim Voitier  
 Monica and Eric Waechter  
 Lynda and Hubert Waguespack  
 Monica and Lance Walker  
 Lauren and Jonathan Walker  
 Erin and Patrick Walker  
 Sadie and Don Walker  
 Rebecca and Myron Walker  
 Anna and Mackie Wall  
 Norma and Ed Walters  
 Becky and Keitt Wannamaker  
 Lisa Watson  
 Angela Byrd and Eric Weil  
 Cheryl Welborn  
 Erin and Michael Welch  
 Vita Wendt  
 Patricia Whitaker  
 Dana and Michael Wilhelm  
 Toni and Michael Wilson  
 Laura and Blayne Wilson  
 Colleen and Robert Winkler  
 Nicole Wintz  
 Debbie and Daniel Wolf  
 Shelley and Harris Zeringue  
 Katie and Matt Zylicz

---

**LIONS IN ACTION:**

**Boys' Basketball:**

<b>**ALL JV AND DEV LEAGUE NIGHT GAMES 5:45, 6:30, AND 7:15--VARSITY AT 5:45, 6:30, AND 7:30</b>
<b>**WHEN ONLY TWO GAMES ARE PLAYED, GAMES ARE AT 6:00 AND 7:00 (6:45 FOR DEV LEAGUE)</b>
<b>**SATURDAY GAMES ARE AT 9:00 AM, 9:45 AM, 10:30 AM, AND 11:15 AM</b>
<b>**SUNDAY GAMES ARE AT 1:00, 1:45, 2:30, AND 3:15</b>

<b>Mon, Jan 23rd</b>				
ALOY	ALOY VS JUDE (6)	ALOY VS JUDE (7)	ALOY VS JUDE (8)	
<b>Tues, Jan 24th</b>				
HF	HF VS ALOY(L) (3)	HF VS OLOM(J) (4)	HF VS STM (7)	
RSG	RSG VS ALOY(L) (5)	RSG VS ALOY(R) (6)	RSG VS ALOY (8)	
ALOY	ALOY(G) VS STM(N) (5)	ALOY(W) VS GEO(W) (6)	ALOY(W) VS GEO(D) (7)	
<b>Wed, Jan 25th</b>				
SH	SH VS ALOY(B) (3)	SH VS ALOY(B) (5)	SH VS ALOY (7)	
MBS	MBS(W) VS ALOY(W) (5)	MBS(M) VS ALOY(R) (5)	MBS VS OLOM(J) (7)	
ALOY	ALOY(R) VS GEO(W) (6)	ALOY(R) VS GEO(G) (7)	ALOY(R) VS GEO(D) (8)	
<b>Thurs, Jan 26th</b>				
HF	HF VS OLOM(J) (3)	HF VS OLOM(G) (4)	HF VS ALOY(B) (5)	
ALOY	ALOY(W) VS THER(W) (4)	ALOY(R) VS THER(R) (4)	ALOY(L) VS JUDE(W) (4)	
<b>Fri, Jan 27th</b>				
OLOM	OLOM(G) VS MBS(W) (3)	OLOM(N) VS MBS(M) (3)	OLOM(J) VS ALOY(B) (3)	
SJV	SJV(B) VS ALOY(W) (4)	SJV(B) VS STM(GD) (5)	SJV(R) VS STM(N) (5)	
ALOY	ALOY(W) VS OLOM (6)	ALOY(W) VS OLOM(W) (7)	ALOY(R) VS OLOM(B) (7)	
<b>Sun, Jan 29th</b>				
ALOY	ALOY(W) VS GEO(BK) (3)	ALOY(R) VS GEO(F) (3)	ALOY(B) VS STM (3)	ALOY(L) VS SFX (3)

## CHEER CLINIC:

The Catholic High School Cheerleaders will be hosting cheerleader clinics on Sunday, March 5 and Sunday, March 12 from 1:00 pm until 3:00 pm. The clinics are open to all girls in first through fifth grades. The cost to attend a clinic is \$25 per girl and includes a t-shirt and snack. Please register at [mychs.catholichigh.org/cheer/clinic](https://mychs.catholichigh.org/cheer/clinic) or you may contact Jennifer Thibodeaux or Carey Lauret at [chscheer@catholichigh.org](mailto:chscheer@catholichigh.org). The registration deadline is February 8, 2023.



## Catholic High School Cheerleading Clinics

Open to girls 1<sup>st</sup> through 5<sup>th</sup> grade

**Sunday, March 5 or  
Sunday, March 12**

1:00 p.m. – 3:00 p.m.

*Performance for parents at  
3:00 p.m.*

Catholic High School Gym

**Cost - \$25**

*Includes a t-shirt and snack*



Register by Wednesday, February 8 at

<https://mychs.catholichigh.org/cheer/clinic>



# The Great Kindness Challenge

**FAMILY EDITION**

**Create a kinder world.**  
Take a week, a month or a year.  
Have fun and complete as many acts of kindness as you can.  
**Your Kindness Matters!**

## Kind Acts

- Smile at 25 people
- Take a treat to your local firefighters
- Do a household chore without being asked
- Donate something to an animal shelter
- Read a book to a younger child
- Make a thank you card for your librarians
- Entertain someone with a happy dance
- Create a family gratitude jar
- Cheer for every player on both teams
- Deliver a special gift to a child in the hospital
- Make a new friend or welcome a new neighbor
- Send a card or gift to a military family
- Walk or pet an animal - but ask first!
- Go a full day without complaining
- Hold the door open for someone
- Learn to say "Thank you" in a new language
- Embrace your family with a big hug
- Teach something to a younger sibling or friend
- Write or draw a loving note for someone
- Make and display a "Kindness Matters" sign
- Raise funds and donate to your favorite cause
- Watch the sunrise or sunset together
- Breathe, stretch and think a happy thought
- Cut out 10 hearts and leave them on 10 cars
- Thank a bus driver
- Leave a flower on someone's doorstep
- Be kind to yourself and eat a healthy snack
- Call your grandparents or esteemed elder
- Walk or bike instead of driving
- Say "Thank you" to a police officer
- Bake cookies and share with your neighbors
- Say "Good Morning" to 5 people
- Pick up and recycle trash in your neighborhood
- Take a family walk outside
- Draw a heart in the sand or dirt
- Write a thank you note to your mail carrier
- Make a wish for a child in another country
- Volunteer in your community
- Say "Hi" to someone who looks sad
- Write a happy message with sidewalk chalk
- Paint a kindness rock and randomly place it
- Share food with someone who is hungry
- Sincerely compliment 5 people
- Post a positive message on social media
- Let someone go ahead of you in line
- Help plant a garden
- Reflect on kindness you witnessed during the day
- Create your own kind deed



**#GreatKindnessChallenge**  
[www.greatkindnesschallenge.org](http://www.greatkindnesschallenge.org)

**FREE APP!**





# The Great Kindness Challenge<sup>®</sup>

**JUNIOR EDITION**

**Kindness Matters.**  
Complete as many acts of kindness as you can.  
**Have fun!**

## Acts of Kindness

Invite a new friend to play.



Smile at 25 people.



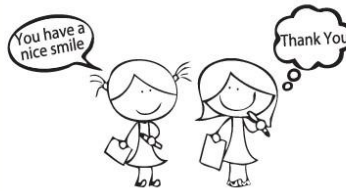
Make a wish for a child in another country.



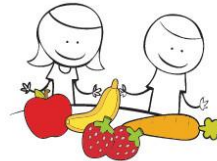
Give your friend a High Five.



Compliment 5 people.



Be kind to yourself and eat a healthy snack.



Decorate 5 hearts and give them to friends.



Entertain someone with a happy dance.



Lend a pencil to a friend.



Help someone up if they fall down.



Thank someone who has helped you.



Create your own kind deed.



A Kids for Peace Experience  
KidsforPeaceGlobal.org  
GreatKindnessChallenge.org

**Your Name Here**



# The Great Kindness Challenge

**SCHOOL EDITION**

**Your Kindness Matters!**  
We challenge you to complete as many acts of kindness as you can in one week. Have fun and smile big knowing that you are changing the world for good!

## Kind Acts

- Smile at 25 people.
- Slip a nice note in your friend's backpack.
- Compliment 5 people.
- Pick up 10 pieces of trash on campus.
- Make a new friend.
- Tell a joke and make someone laugh.
- Be kind to yourself and eat a healthy snack.
- Learn something new about your teacher.
- Draw a picture and give it to someone.
- Help a younger student.
- Give a KIND handshake to greet a classmate.
- Recycle your trash.
- Hug your friend.
- Pick up trash outside your school.
- Cut out 10 hearts & give them to friends.
- Entertain someone with a happy dance.
- Make a kind poster for cafeteria helpers.
- Show appreciation to a counselor or mentor.
- Say "good morning" to 15 people.
- Design a thank you for the PTA/PTO.
- Make a wish for a child in another country.
- Say "thank you" to a crossing guard.
- Invite a new friend to play/hang out with you.
- Send a thank you to your superintendent.
- Offer to help your custodian.
- Sit with a new group of kids at lunch.
- Read a book to a younger child.
- Give an apple or a note to your teacher.
- Step up for someone in need.
- Make and display a "KINDNESS MATTERS" sign.
- Carry your friend's books.
- Help your PE teacher with the equipment.
- Make a bookmark for a friend.
- Hold the door open for someone.
- Pat yourself on the back.
- Thank a bus driver or carpool driver.
- Write a thank you on a bandage for the nurse.
- Listen to your teacher the first time.
- Whisper "thank you" to the librarian.
- Help someone up if they fall down.
- Lend a pencil to a friend.
- Learn to say "hello" in a new language.
- Bring a flower to the office staff.
- Show appreciation to your principal creatively.
- Help your teacher with a needed task.
- Be on time for school.
- Say "thank you" to a volunteer.
- Give your friend a high five.
- Make a friendship gift for someone new to you.
- Create your own kind deed.



**#GreatKindnessChallenge**

GreatKindnessChallenge.org ♥ KidsforPeaceGlobal.org

\_\_\_\_\_  
(Your Name Here)

FREE APP!





*Join the*  
**ST. ALOYSIUS KREWE!**

**Help spread the St. Aloysius pride and support  
the auction by ordering the St. Aloysius float  
to come to your house!**

**VISIT [WWW.STALOYSIUSAUCTION.NET](http://WWW.STALOYSIUSAUCTION.NET)**

The auction is  
**Saturday, February 4th**  
at 7 pm

Students can wear auction  
shirts to school on  
**Friday, February 3rd**



*The mission of St. Aloysius School is to educate the whole child in the Catholic tradition for a life of meaning and purpose.*