



ST. ALOYSIUS CATHOLIC SCHOOL

ATHLETICS HANDBOOK

2024-2025

Pastor: Michael Alello

Principal: Erin Candilora

Athletic Director: Eric Burton

The St. Aloysius Catholic School Parent/Student Handbook is incorporated into the St. Aloysius Catholic School Athletics Handbook by reference and sections in italics are excerpts from the Parent/Student Handbook. The St. Aloysius Catholic School Athletics Handbook is a contractual agreement between St. Aloysius Catholic School and each player, parent/adult, and coach.

An athletic contest is a game.
Winning the contest is important.
Winning in life is much more important.

DIOCESE OF BATON ROUGE PHILOSOPHY OF SCHOOL-SPONSORED ATHLETICS

The greatest strength of the elementary and middle Catholic schools of the Diocese of Baton Rouge is the opportunity and responsibility of the administration of each school to consider and use the uniqueness of its circumstances to provide the best Catholic education possible for its students. Within this basic tenet, the first priority of such schools is the overall development and growth of each of our students - spiritually, socially, mentally, emotionally, and physically.

School-sponsored intramural and interscholastic athletic programs provide a medium by which students can develop an awareness of their abilities, learn and improve athletic skills, acquire the true meaning of and practice sportsmanship, be a part of a team effort, and have experiences which form foundations for life, particularly in the student's self-esteem and feeling of belonging.

Such programs should emphasize the positive accomplishments of the individual through recognition and praise, development of skills and understanding of the game through instruction and positive constructive criticism, and increased understanding of group effort and interaction toward a common goal. Athletics should be a component of and interact with the spiritual, social, and academic components of the overall school program. Administration, faculty, staff, coaches, parents, and fans are necessary components in nurturing a positive Catholic athletic experience. Schools with interscholastic programs should participate in leagues or programs consistent with this philosophy and that of the individual school.

ST. ALOYSIUS ATHLETICS

St. Aloysius Catholic School offers special athletics organized for extracurricular inter-school competition. Athletic builds strong bodies and develops strong Christian character. Students who represent St. Aloysius Catholic School must always show good sportsmanship.

Students who participate in school athletics must:

- 1. Put forth effort in academic work.*
- 2. Be cooperative with teachers and coaches.*

***Academics** - Students must maintain an overall "C" average (74.5% and above) in the subject areas which receive number and letter grades for the nine weeks. Eligibility will be based on the next reporting period and will only be reevaluated at the next reporting period.*

The results of the previous year's fourth nine week's report card grades will be used to determine eligibility for sports played throughout the first nine weeks of the school year. Each subsequent report card will determine eligibility for the entire nine weeks period that follows.

Discipline

- 1. Students in grade five who receive six disciplinary referrals will be **suspended from the next contest and all practices prior thereto**. Any subsequent referral after the sixth will result in suspension **from the next contest and all practices prior thereto**.*
- 2. Students in grades six, seven and eight who receive two major referrals, one major referral and three minors, or six minor referrals will be suspended **from the next contest and all practices prior thereto**. Any subsequent referral will result in further suspension **of one contest or three contests, and all practices prior thereto**, depending on whether the referral is a major or a minor.*

The administration reserves the right to remove any student from sports eligibility should a serious incident occur during the school day or at a sports or school related activity.

No student may participate in a scheduled practice or sports event on the same day that the student is absent, checks out for the day or is suspended from school.

A Winning Purpose Our athletic program must

- (1) Demonstrate the values, attitudes, and behavior that reflect the teachings of Jesus Christ.
- (2) Enhance each player’s educational experience by teaching self-sacrifice, discipline, and good sportsmanship.
- (3) Foster cooperative attitudes through teamwork.
- (4) Emphasize improvement in skills and development of confidence over a favorable win-loss record.

A Winning Philosophy By participating in our athletic program, we WIN when our players:

- (1) Grow in faith.
- (2) Succeed academically.
- (3) Develop pride in themselves and in their teammates, team, school, and church parish.
- (4) Develop respect for rights and privileges of teammates, coaches, opponents, and officials.
- (5) Develop a sense of responsibility to the team and teammates.
- (6) Develop a desire to excel and be the best they can be.
- (7) Mature mentally, emotionally, physically, and socially.
- (8) Become willing to make personal sacrifices, putting team achievement ahead of personal achievement.
- (9) Enjoy the spirit of competition.
- (10) Accept victory and defeat with dignity.
- (11) Become leaders on and off the field.

ATHLETES
ST. ALOYSIUS CATHOLIC SCHOOL SPORTS CODE
<i>The Player - I am humble in victory and gracious in defeat. I respect my coach and the officials and accept their authority without question. I represent my school with class. I develop character by working toward a goal over time. I will not quit!</i>

Fundamentals for St. Aloysius Catholic School Athletes	St. Aloysius Catholic School Athlete’s Prayer
<p>Faith, family, team, then me.</p> <p>Treat others like I want to be treated.</p> <p>Do what is right even when no one is looking.</p> <p>Do my best.</p> <p>Never, never, never give up.</p>	<p>Dear Lord,</p> <p>Thank you for our health and our ability to compete.</p> <p>Thank you for our family, friends, and coaches who love and support us.</p> <p>We pray for the safety of all players.</p> <p>May all the athletes today be kept from harm and injury.</p> <p>We invite you to be with us God, to give us the strength to play in a Christ-like manner.</p> <p>May we play hard but fair.</p> <p>If we have victory, allow us to be happy; if we are defeated, keep us from envy.</p> <p>Always help us to remember that this sport is just a game.</p> <p>St. Aloysius, pray for us.</p> <p>Amen</p>

Participation The commitment to a school team is for the entire season and paramount to any activity or event other than a family, church, or other school-sponsored activity. A player should not participate in another sport or on another team that will require the player to miss required practices and contests in a school sport. Any

practice or contest missed due to such reasons will be considered an unexcused absence. If a player misses 3 or more practices or contests without extenuating circumstances, the player's continued eligibility in that sport and in future sports will be reviewed by the coach, athletic director, and school administration.

Responsibilities Each player must:

1. Comply with the regulations and policies of St. Aloysius Catholic School and St. Aloysius Church Parish.
2. Comply with the Parent/Student Handbook, the St. Aloysius Catholic School Athletics Handbook, and CSAA rules, as applicable.
3. Maintain academic and discipline standards.
4. Set realistic performance goals.
5. Meet obligations to the team and coach.
6. Accept the authority of the coach to determine strategy and player selection.
7. Attend all scheduled practices and contests.
8. Advise the coach in advance if not able to make a scheduled practice or contest.
9. Be on time, properly dressed with the necessary equipment, and prepared to participate with enthusiasm in all practices and contests.
10. Attend all practices/contests at the discretion of the coach if not on medical or excused leave.
11. Inform the coach of any physical disability or ailment that may affect the player's safety or the safety of others.
12. Avoid behavior that endangers the health or well-being of other players.
13. Properly maintain and return all uniforms and equipment provided by the school.
14. Help maintain field, court, gym, or track restrooms, locker rooms, and adjoining areas.
15. Exhibit high standards of personal behavior, attitude, honesty, integrity, and sincerity.
16. Be positive and supportive of our coaches and teams, the athletic director, the athletic program, the school administration, and other players.
17. Remember that sports participation is an opportunity to learn and have fun.
18. Encourage sportsmanship.
19. Show respect and courtesy and demonstrate positive support for all players, teams, coaches, officials, and fans at every practice or contest.
20. Concentrate on skill development, competing fairly, playing hard, doing your best, and never quitting.

COACHES

ST. ALOYSIUS CATHOLIC SCHOOL SPORTS CODE

***The Coach** - I teach my players much greater lessons than simply how to win. I create a positive environment that allows players to develop confidence as well as a competitive spirit. I lead by example at practice and in games. I am fair in my evaluation of skills and my efforts to develop skills. I lead players and spectators to respect officials by setting a good example.*

***Adult Responsibility in Extracurricular Activities** - There are anxiety levels related to sports as well as other extra-curricular activities. Being able to minimize stress is of great importance. As students participate in these activities, adults should be aware of the child who has a tendency to be more anxious than the average child. Emphasis on the child's efforts rather than on doing something without error is very important. This reassures the child that worthiness as a human being is centered not so much in "winning" but in a willingness to do one's best. Coaches, parents and moderators are expected to observe the policies of St. Aloysius Catholic School and the CSAA regulations.*

Minimum Qualifications – Head Coach A head coach must be at least 18 years of age, a high school graduate, diocesan certified, and complete the annual concussion information course certification.

Minimum Qualifications – Assistant Coach Assistants must be high school students or older, diocesan certified, and complete the annual concussion information course certification.

Diocesan Certification Requirements:

1. Complete and submit a Catholic Diocese of Baton Rouge Application.
2. Read the Code of Ethics; Complete the Acknowledgment Form.
3. Complete the Safe in Place Training Program online and the certificate.
4. Complete a background check with the Louisiana State Police.

Selection With the approval of the principal, the athletic director selects head coaches. Assistants are selected by head coaches, with the approval of the athletic director and principal.

Primary considerations in the selection of coaches are:

- Evidenced Christian values;
- Depth of character and personality;
- Ability to communicate with players;
- Technical knowledge of sport;
- Commitment to teaching players the fundamentals of the sport; and
- Commitment of time for practices and contests.

An adult may not serve as head coach of a team which includes the adult's child, unless that coach has been head coach at St. Aloysius Catholic School prior to the child's participation in that sport or with permission from the athletic director.

Responsibilities Head coaches and assistant coaches shall:

1. Carry out the ideals of St. Aloysius Catholic School and the expectations of good sportsmanship.
2. Review, accept, comply with, and enforce the mission, philosophy, and guidelines of St. Aloysius Catholic School, the Diocese of Baton Rouge, the CSAA, as applicable; the St. Aloysius Catholic School Parent/Student Handbook, the St. Aloysius Catholic School Athletics Handbook; and the St. Aloysius Coach's Manual.
3. Manage all team.
4. Regularly communicate with the athletic director to implement approved changes and evaluate the team, players, and assistant coaches.
5. Convey the ideals of St. Aloysius Catholic School and the expectations of good sportsmanship to assistant coaches.
6. Assist the athletic director in the recruitment of assistant coaches.
7. Inform all prospective volunteer assistants of required diocesan certification.
8. Attend pre-season and parent/adult orientation meetings.
9. Attend league coaches meetings.
10. Provide health services for players (not medication).
11. Provide a safe playing situation for the players.
12. Distribute and collect pertinent information to secure forms and fees from players.
13. Assist in assignment, distribution, maintenance, and collection of uniforms and equipment.
14. Assist in practice and contest set-up, take down, and clean up. Be responsible for the conduct of players and coaches before, during, and after all practices and contests.
15. Maintain all facilities during and after practices and contests.
16. Perform duties subject to the overall direction of the athletic director.

PARENTS & ADULTS

ST. ALOYSIUS CATHOLIC SCHOOL SPORTS CODE

The Parent or Adult - *I am the guiding force behind my child's attitude. What is said about coaches and teammates is reflective of my intent to mold positive character in my child. I will support the efforts of my child more than the results. I will do my part to encourage a positive environment off the field as well as on the field.*

Parent/Adult Responsibility in Extracurricular Activities - *There are anxiety levels related to sports as well as other extra-curricular activities. Being able to minimize stress is of great importance. As students participate in these activities, adults should be aware of the child who has a tendency to be more anxious than the average child. Emphasis on the child's efforts rather than on doing something without error is very important. This reassures the child that worthiness as a human being is centered not so much in "winning" but in a willingness to do one's best. Coaches, parents, adults, and moderators are expected to observe the policies of St. Aloysius Catholic School and the CSAA regulations, as applicable.*

Parent/Adult Participation – *Parents/Adults should see that players are on time for practice and are picked up at the designated time. Parents/Adults are expected to share in the responsibility of manning the concession stand and collecting admission charges. Parents/Adults should assist players in properly maintaining and returning team uniforms.*

Parents/Adults play an important role in a child's sports experience. Parental/Adult participation is a necessary and cooperation is essential. However, if in the opinion of the administration, an adult's behavior seriously interferes with the athletic process, the adult may be banned from practices and contests and/or the player may be denied participation in St. Aloysius Catholic School athletics.

Responsibilities Parents/Adults must:

1. Carry out and comply with the ideals, mission, philosophy, and guidelines of St. Aloysius Catholic School and the Diocese of Baton Rouge and the expectations of good sportsmanship.
2. Comply with the St. Aloysius Catholic School Parent/Student Handbook and the St. Aloysius Catholic School Athletics Handbook.
3. Assist in maintaining academic and discipline standards.
4. Encourage, not force, participation in sports.
5. Attend orientation and informational meetings.
6. Help players meet obligations to the team and coach.
7. Help set realistic performance goals.
8. Require respectful treatment of other players, teams, coaches, officials, adults, and fans.
9. Emphasize that skill development, competing fairly, and doing one's best are more important than winning.
10. Inform the coach of any physical disability or ailment or any uniform or equipment condition that may affect a player or other child's safety.
11. Encourage only safe behavior or practices.
12. Not coach at a practice or contest, unless a team coach.
13. Ensure timely attendance at all scheduled practices and contests. If the player is not able to make a scheduled practice or contest, advise the coach in advance.
14. Ensure their player is properly dressed, has the necessary equipment, and is picked up after the practice or contest on time.
15. Attend contests to support their player and the team.
16. Never leave their player or other player at practice or a contest without another parent or adult responsible for the child or player.
17. Supervise other children under their care at the practice or contest.
18. Properly maintain and return all uniforms and equipment provided by the school.

19. Assist in keeping all school athletic facilities in a clean and safe condition.
20. Observe the regulations and policies of St. Aloysius Catholic School and the CSAA.
21. Remember that participation in sports is to have fun.
22. Remember the game is for the players.
23. Show respect and courtesy, and demonstrate positive support, for all players, teams, coaches, officials, and fans at all times.
24. Accept the authority of the coach to determine strategy and player selection.

FANS

ST. ALOYSIUS CATHOLIC SCHOOL SPORTS CODE

***The Spectator** - I show respect toward the officials, coaches and players of both teams. I come to the game to support my team. I supervise children under my care at the athletic event. I will never drop students off unsupervised at an athletic event. I am aware that my behavior sets an example for ALL to see.*

***Adult Responsibility in Extracurricular Activities** – Spectator Conduct – Fans should cheer a good play, avoid negative comments, and be supportive. Fans should allow the coach to perform his/her duty. Parent/Adult/Coach issues should be discussed away from the playing field or gym. Fans should not criticize the opposing players, coaches, or other fans. Student athletes must learn the respect due others. It is not fair to ask students to show good sportsmanship if adults do not act in a sportsmanlike manner. Parents, adults, and coaches should be leaders by their actions.*

Fans should not criticize game officials – they are dedicated individuals who love youth sports. They will, on occasion, make mistakes, but they should not be subjected to abuse from spectators.

Youth spectators must be in the charge of a supervising adult when they attend a sports event. No student or younger child should be at an athletic event as a spectator without a parent or responsible adult present. Children are not allowed to roam the campus.

Fan support can be a very positive force in an athletic contest or practice by appreciating and commending good effort and skill no matter which individual/team exhibits it.

ST. ALOYSIUS CATHOLIC SCHOOL SPORTS CODE

Players participating on non-school sports teams are to give first priority to school teams.

I. ADMINISTRATION

St. Aloysius Catholic School's athletic program is administered by the athletic director under the general supervision of the principal. There is a program liaison at school for on-site coordination.

II. CATHOLIC SCHOOL ATHLETIC ASSOCIATION (CSAA)

St. Aloysius Catholic School participates in the Catholic School Athletic Association of the Diocese of Baton Rouge. The CSAA provides an organized structure of interscholastic athletic programs for the students of the Diocese to participate. The CSAA emphasizes fair competition, developing character, and good sportsmanship, and building teams as moral communities. There are 3 divisions: Varsity, Junior Varsity, and Developmental.

A. VARSITY

The Varsity program includes basketball (6-8 grade boys and girls), tackle football (5-8 grade boys), and volleyball (6-8 grade girls).

BOYS' BASKETBALL The Varsity boys' basketball season typically begins in November and concludes in February. Practices are held weekday evenings and weekends based on coach and gym availability. Tryouts are held as Varsity rosters are limited to no more than 10 players per team. League games are limited to no more than 14 games. In addition, each team may elect to play in tournaments. League games are scheduled at participating schools and are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. P l a y e r s i n the 6th and 7th grade leagues, must play at least 1 full quarter of each game. Each player is issued a uniform (shirt and short) which is to be returned after the season.

Eligibility The 6th grade team is open to 6th grade boys who will be at least 10 years of age on September 30th and who will not become 13 years of age prior to September 1st. The 7th grade team is open to 7th graders who will not become 14 years of age prior to September 1st. The 8th grade team is open to 8th graders who will not become 15 years of age prior to September 1st. A boy repeating the 8th grade may not participate if he has previously played CSAA Varsity basketball as an 8th grader.

In addition, each player must have participated in the CSAA Varsity team tryouts.

Fee The fee for Varsity boys' basketball is \$125.

BOYS' FOOTBALL The Varsity boys' football season typically begins in August and concludes in November. Practices are held weekdays after school and on Saturday morning. League games are limited to 7 games. League games are scheduled at participating schools and are played mostly on Sunday afternoons. Each player is issued a uniform (red/white reversible shirt) which is to be returned after the season.

Eligibility The 6th grade team is open to 6th grade boys who will be at least 10 years of age on September 30th and who do not become 13 years of age prior to September 1st. F i f t h graders will be included on the 6th grade rosters; however, if numbers are sufficient, the 5th grade will have a separate team. The 8th Grade team is open to 7th and 8th grade boys who will not become 15 years of age prior to September 1st. A boy repeating the 8th grade may not participate if he has previously played CSAA Varsity football as an 8th grader.

Fee The fee for Varsity boys' football is \$150.

GIRLS' BASKETBALL The Varsity girls' basketball season begins in August and concludes in November. Practices are held weekday evenings and weekends based on coach and gym availability. Tryouts are held as Varsity rosters are limited to no more than 10 players per team. League games are scheduled at participating schools and are limited to no more than 14 games. In addition, each team may elect to play in tournaments. League games are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. In the 6th and 7th grade leagues, each player must play at least 1 full quarter of each game. Each player is issued a uniform (shirt and short) which is to be returned after the season.

Eligibility The 6th grade team is open to 6th grade girls who will be at least 10 years of age on September 30th and who will not become 13 years of age prior to September 1st. The 7th grade team is open to 7th grade girls who will not become 14 years of age prior to September 1st. The 8th grade team is open to 8th grade girls who will not become 15 years of age prior to September 1st. A girl repeating the 8th grade may not participate if she has previously played CSAA Varsity basketball as an 8th grader.

In addition, each player must have participated in the CSAA Varsity team tryouts.

Fee The fee for Varsity girls' basketball is \$125.

GIRLS' VOLLEYBALL The Varsity girls' volleyball season begins in February and concludes in May. Tryouts are held as Varsity rosters are limited to no more than 12 players per 6th and 7th grade team and no more than 10 players on the 8th grade team. Practices are held weekday evenings and weekends based on coach and gym availability. League matches scheduled at participating schools and are limited to no more than 14 games. In addition, each team may elect to play in tournaments. League matches are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. In the 6th and 7th grade leagues, each match will consist of 3 games, regardless of outcome, and each player must play at least 1 full game of the match. Each player is issued a uniform (shirt) which is to be returned after the season. Each player is to provide navy shorts to be worn with the uniform shirt.

Eligibility The 6th grade team is open to 6th grade girls who will be at least 10 years of age on September 30th and who do not become 13 years of age prior to September 1st. The 7th grade team is open to 7th grade girls who will not become 14 years of age prior to September 1st. The 8th grade team is open to 8th grade girls who will not become 15 years of age prior to September 1st. A girl repeating the 8th grade may not participate if she has previously played CSAA Varsity volleyball as an 8th grader.

In addition, each player must have participated in the CSAA Varsity team tryouts.

Fee The fee for Varsity girls' volleyball is \$125.

B. JUNIOR VARSITY

The Junior Varsity program, based upon team and league feasibility, includes basketball (6-8 grade boys and girls) and volleyball (6-8 grade girls). The program is not available to any eligible player who is listed on a CSAA Varsity roster in the same sport.

BOYS' BASKETBALL The Junior Varsity boys' basketball season begins in December and concludes in March. Practices are held on weekday evenings and weekends based on coach and gym availability. League games are scheduled at participating schools. In addition, each team may elect to play in tournaments. League games are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. Each player must play at least 1 full quarter of the game. Each player is issued a uniform (shirt and short) which is to be returned by the player after the season.

Eligibility The 6th grade team is open to 6th grade boys who will be at least 10 years of age on September 30th and who will not become 13 years of age prior to September 1st. The 7th grade team is open to 7th grade boys who will not become 14 years of age prior to September 1st. The 8th grade team is open to 8th grade boys who will not become 15 years of age prior to September 1st. A boy repeating the 8th grade may not participate if he has previously played CSAA Varsity basketball as an 8th grader.

Teams If numbers warrant, multiple teams will be formed. Each team will have a separate coach and league schedule. Each team will have a minimum of 7 players.

Fee The fee for Junior Varsity boys' basketball is \$125.

GIRLS' BASKETBALL The Junior Varsity girls' basketball season begins in August and concludes in November. Practices are held on weekday evenings and weekends based on coach and gym availability. League games are scheduled at participating schools. In addition, each team may elect to play in tournaments. League games and are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. Each player must play at least 1 full quarter of the game. Each player is issued a uniform (shirt and short) which is to be returned by the player after the season.

Eligibility The 6th grade team is open to 6th grade girls who will be at least 10 years of age on September 30th and who will not become 13 years of age prior to September 1st. The 7th grade team is open to 7th grade girls who will not become 14 years of age prior to September 1st. The 8th grade team is open to 8th grade girls who will not become 15 years of age prior to September 1st. A girl repeating the 8th grade may not participate if she has previously played CSAA Varsity basketball as an 8th grader.

Teams If numbers warrant, multiple teams will be formed. Each team will have a separate coach and league schedule. Each team will have a minimum of 7 players.

Fee The fee for Junior Varsity girls' basketball is \$125.

GIRLS' VOLLEYBALL The Junior Varsity girls' volleyball season begins in February and concludes in May. Practices are held on weekday evenings and weekends based on coach and gym availability. League matches are scheduled at participating schools. In addition, each team may elect to play in tournaments. League matches are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. Each match will consist of 3 games, regardless of outcome and each player must play at least 1 full game of the match. Each player is issued a uniform (shirt) which is to be returned by the player after the season. Each player is to provide navy shorts to be worn with the uniform shirt.

Eligibility The 6th grade team is open to 6th grade girls who will be at least 10 years of age on September 30th and who do not become 13 years of age prior to September 1st. The 7th grade team is open to 7th grade girls who will not become 14 years of age prior to September 1st. The 8th grade team is open to 8th grade girls who will not become 15 years of age prior to September 1st. A girl repeating the 8th grade may not participate if she has previously played CSAA Varsity volleyball as an 8th grader.

Teams If numbers warrant, multiple teams will be formed. Each team will have a separate coach and league schedule. Each team will have a minimum of 8 players.

Fee The fee for Junior Varsity girls' volleyball is \$125.

C. DEVELOPMENTAL

The Developmental program includes basketball (3-5 grade boys and girls), tackle football (3-4 grade boys), and volleyball (5th grade girls).

BOYS' BASKETBALL

Fifth Grade The Developmental 5th grade boys' basketball season begins in December and concludes in February. Team rosters are developed by coaches with the overall direction of the Athletic Director. Practices are held on weekday evenings and weekends based on coach and gym availability. League games are scheduled at participating schools. In addition, each team may elect to play in tournaments. League games are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. Each player must play at least 1 full quarter of each game. Each player is issued a uniform (shirt and short) which is to be returned by the player after the season.

Eligibility The team is open to 5th grade boys who will be at least 10 years of age on September 30th and who do not become 12 years of age prior to September 1st.

Teams If numbers warrant, multiple teams will be formed. Each team will have a separate coach and league schedule. A team roster will have a minimum of 7 players.

Fee The fee for Developmental 5th grade boys' basketball is \$125.

Third and Fourth Grades The Developmental 3rd and 4th grade boys' basketball season begins in December and concludes in February. Team rosters are developed by coaches with the overall direction of the Athletic Director. Practices are held on weekday evenings and weekends based on coach and gym availability. League games are scheduled at participating schools. In addition, each team may elect to play in tournaments. League games are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. Each player must play at least 1 full quarter of the game. Each player is issued a uniform (shirt and short) which is to be returned by the player after the season.

Eligibility The 4th grade team is open to 4th grade boys who will be at least 9 years of age on September 30th and who do not become 11 years of age prior to September 1st. The 3rd grade team is open to 3rd grade boys who will be at least 8 years of age on September 30th and who do not become 10 years of age prior to September 1st.

Teams If numbers warrant, multiple teams will be formed. Each team will have a separate coach and league schedule. Each team will have a minimum of 7 players.

Fee The fee for Developmental 3rd and 4th grade boys' basketball is \$125.

BOYS' FOOTBALL The Developmental boys' football season begins in August and concludes in November. Practices are held weekdays after school and on Saturday morning. League games are limited to 7 games. League games are scheduled at participating schools based upon field availability and are played on weekends. Each player is issued a uniform (red/white reversible shirt) which is to be returned after the season.

Eligibility The team is open to 3rd and 4th grade boys who will be at least 8 years of age on September 30th and who do not become 11 years of age prior to September 1st. Any player weighing more than 120 pounds is restricted to playing a down lineman position.

Fee The fee for Developmental boys' football basketball is \$150

GIRLS' BASKETBALL

Fifth Grade The Developmental 5th grade girls' basketball season begins in August and concludes in November. Team rosters are developed by coaches with the overall direction of the Athletic Director. Practices are held on weekday evenings and weekends based on coach and gym availability. League games are scheduled at participating schools. In addition, each team may elect to play in tournaments. League games are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. Each player must play at least 1 full quarter of each game. Each player is issued a uniform (shirt and short) which is to be returned by the player after the season.

Eligibility The team is open to 5th grade girls who will be at least 10 years of age on September 30th and who do not become 12 years of age prior to September 1st.

Teams If numbers warrant, multiple teams will be formed. Each team will have a separate coach and league schedule. A team roster will have a minimum of 7 players.

Fee The fee for Developmental 5th grade girls' basketball is \$125.

Third and Fourth Grades The Developmental 3rd and 4th grade girls' basketball season begins in August and concludes in November. Team rosters are developed by coaches with the overall direction of the Athletic Director. Practices are held on weekday evenings and weekends based on coach and gym availability. League games are scheduled at participating schools. In addition, each team may elect to play in tournaments. League games are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and

weekends. Each player must play at least 1 full quarter of the game. Each player is issued a uniform (shirt and short) which is to be returned by the player after the season.

Eligibility The 4th grade team is open to 4th grade girls who will be at least 9 years of age on September 30th and who do not become 11 years of age prior to September 1st. The 3rd grade team is open to 3rd grade girls who will be at least 8 years of age on September 30th and who do not become 10 years of age prior to September 1st.

Teams If numbers warrant, multiple teams will be formed. Each team will have a separate coach and league schedule. Each team will have a minimum of 7 players.

Fee The fee for Developmental 3rd and 4th grade girls' basketball is \$125.

GIRLS' VOLLEYBALL The Developmental 5th girls' volleyball season begins in February and concludes in May. Team rosters are developed by coaches with the overall direction of the Athletic Director. Practices are held on weekday evenings and weekends based on coach and gym availability. League matches are scheduled at participating schools. In addition, each team may elect to play in tournaments. League matches are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. Each match will consist of 3 games, regardless of outcome, and each player must play at least 1 full game of the match. Each player is issued a uniform (shirt) which is to be returned by the player after the season. Each player is to provide navy shorts to be worn with the uniform shirt.

Eligibility The team is open to 5th grade girls who will be at least 10 years of age on September 30th and who do not become 12 years of age prior to September 1st.

Teams If numbers warrant, multiple teams will be formed. Each team will have a separate coach and league schedule. A team roster will have a minimum of 7 players.

Fee The fee for Developmental 5th grade girls' volleyball is \$125.

III. NON-CSAA SPORTS

St. Aloysius Catholic School offers additional non-CSAA sports including cross country (5-8 grade boys and girls), swimming (5-8 grade boys and girls), and track (5-8 grade boys and girls).

CROSS COUNTRY The cross-country team season begins in August and concludes in November. Practices are generally held at Highland Road Park on Mondays, Wednesdays, and Thursdays from 5:30p.m.–7:00p.m. and, if no meet is scheduled, on Saturday mornings. The team participates in 8 meets. Meets are generally held on Saturday mornings.

Eligibility The team is open to 5th through 8th graders who will be at least 10 years of age on September 30th and who do not become 15 years of age prior to September 1st.

Fee The fee for cross country is \$60.

Each player must purchase a uniform (shirt and short) (kept by the athlete).

SWIMMING The swim team season begins in August and concludes in October. Practices are held after school Monday through Thursday at Crawfish Aquatics. The team participates in 4 meets. Meets are generally held at Crawfish Aquatics on Friday afternoons, and the final championship meet is held on Friday or Saturday morning.

Eligibility - The team is open to 5th through 8th graders who will be at least 10 years of age on September 30th and who do not become 15 years of age prior to September 1st.

Fee The fee for swim team is \$60.

TRACK The track team season begins in February and concludes in April. Practices are held after school Monday through Thursday. The team participates in at least 4 meets. Meets are generally held on Saturdays or Sundays. Each player must purchase a uniform (shirt and short) which is kept by the athlete.

Eligibility The 5th/6th grade team is open to 5th and 6th graders who will be at least 10 years of age on September 30th and who do not become 13 years of age prior to September 1st. The 7th/8th grade team is open to 7th and 8th graders who will not become 15 years of age prior to September 1st. A player repeating the 8th grade may not participate if the player has previously participated in track as an 8th grader.

Fee The fee for track is \$60.

IV. GENERAL INFORMATION

A. AWARDS

St. Aloysius Catholic School awards the Scholar-Athlete Award to an 8th grade boy and girl who participated in two or more St. Aloysius Catholic School sports during each of their 7th and 8th-grade years and has the highest grade point average for the first 8th grade semester.

The CSAA does not keep standings, have championships, or issue awards.

B. CONCUSSION LAW

As a condition of participation in any athletic activity, each player and player's parents or legal guardian must sign a concussion and head injury information sheet which provides adequate notice of the state law requirements which must be satisfied in order for a player who has or is suspected to have suffered a concussion or head injury to return to play. In addition, each coach must submit certification of completion of the prescribed on-line CDC course on concussion information.

C. REQUIRED FORMS

All required forms may be obtained from the Athletics section of the St. Aloysius Catholic School's website, the athletic director, or the school office.

- (1) Sports Participation Form
- (2) Sports Contract including Parent/Athlete Concussion Information
- (3) Uniform, Conflicts, and Shirt Order Form
- (4) Medical History Evaluation/Health Examination Form. Prior to participation in a sport contest, a completed medical history/health examination form must be signed and submitted indicating the player has taken and passed a medical exam within at least the prior 365 days. A medical history/health examination form must be on file for every player who participates in athletics during the school year.

D. ISSUES/CONCERNS

The principal and athletic director are available to discuss program, sport, coach, or player problems or concerns. However, players and parents/adults are urged to first discuss the problem or concern with the coach, where applicable and practicable. If further discussion is warranted, players and parents/adults are urged to do so with the athletic director. Finally, if the matter is still not resolved, the principal should be contacted.

E. MEDICATION TO PLAYERS

Coaches are not able to administer any medication to a player.

F. REVENUES AND EXPENDITURES

Basketball	
Revenues	Expenditures
Player fees (\$125)	League team fee (\$60)
Gate (\$5.00 – 9 th grade and up)	League player fee (\$25 each)
Concession sales	Uniform/Equipment
	Official's fees
	Tournament entry fees
	Concession supplies
	Gym/Scoreboard maintenance
Cross Country	
Revenues	Expenditures
Player fees (\$60)	Meet fees
	Equipment
Football	
Revenues	Expenditures
Player fees (\$150)	League team fee (\$60)
Gate (\$5.00 – 9 th grade and up)	League player fee (\$25 each)
Concession sales	Uniform/Equipment
	Official's fees
	Concession supplies
	Field/Scoreboard maintenance
Swimming	
Revenues	Expenditures
Player fees (\$60)	Meet fees
	Equipment
Track	
Revenues	Expenditures
Player fees (\$60)	Field maintenance
	Equipment
Volleyball	
Revenues	Expenditures
Player fees (\$125)	League team fee (\$60)
Gate (\$5.00 – 9 th grade and up)	League player fee (\$25 each)
Concession sales	Uniform/Equipment
	Official's fees
	Tournament entry fees
	Concession supplies
	Gym/Scoreboard maintenance
General	
Revenues	Expenditures
Vending machine sales	Concession permit
	Concession products
	Paper supplies
	Postage
	Sam's Club membership

The school provides the use of field and gym facilities without charge. Program expenditures require the signature of the athletic director and the principal.

G. RULES OF PLAY

Copies of playing rules for the various sports may be viewed at the school office or through the athletic director.

H. SANCTIONS

- Failure to comply with any aspect of the St. Aloysius Catholic School Parent/School Handbook or the St. Aloysius Catholic School Athletics Handbook may result in consequences as deemed appropriate by the principal in consultation with the athletic director.
- The St. Aloysius site supervisor is charged with the safe and orderly conduct of those in attendance at athletic functions. The site supervisor may exclude from the venue any person who, in the site supervisor's judgment, disrupts that safety and/or order. The police may be called to ensure safety and order should it be deemed necessary by the site supervisor.
- Consequences include, but are not limited to, the following:
 - Warning: Verbal or written warning by the athletic director or principal
 - Suspension: Suspension from attendance at St. Aloysius Catholic School sporting events for a time decided by the principal up to the remainder of the season
 - Exclusion: Ban from all St. Aloysius Catholic School sporting events
- The principal may employ consequences for a single incident or a series of incidents as is deemed appropriate to the situation. The principal is the final authority in such matters.
- Any fan, parent, adult, coach, or staff member ejected from a contest will be prohibited from attending or participating in the next contest of the same sport and team.

I. SCHEDULING CONTESTS AND PRACTICES

Contests are scheduled by the CSAA based upon team and gym or field availability. Participation in non-CSAA contests and tournaments at other schools is determined by the athletic director. Practices are scheduled based on the contest schedules and coach and gym, field, pool, or track availability.

Any off-campus practice or contest, other than a CSAA approved regularly scheduled contest, must be approved in advance by the athletic director and principal.

J. TEAMS

Eligible players will be given an opportunity to participate at their grade/age level. However, if no team is offered at their grade/age level, then the players may be offered participation at a higher grade/age level at the discretion of the athletic director, parents of the player, and the player.

K. TRANSPORTATION

Parents/Adults are responsible for their player attending practices and contests. Coaches are not to transport players to or from off-campus athletic events.

L. TRYOUTS

In 6th grade, 7th grade, and 8th grade CSAA Varsity basketball and volleyball, when the number of players signing up for a team exceeds the maximum permitted number of players a team may have (10 in basketball, 12 in volleyball), tryouts will be held. If tryouts are had, all players interested in participating on any CSAA team must participate. A player must participate in a minimum of 1 tryout session to be considered for the CSAA Varsity team. The team will be selected by the Athletic Director, after 2 tryout sessions have been held. Consideration will be given to a player's conflicts with practices and games.

M. UNIFORMS

Prior to each sport season, the athletic director will provide a uniform to each player. Once issued, the uniform and number become the official team roster for the season. If the uniform does not fit properly or becomes defective, the player or parent/adult should notify the athletic director immediately. No player is to exchange uniforms, unless approved by the athletic director.

Players are responsible for the uniform during the sport season. Uniforms are not to be altered. If unapproved alterations are made to any uniform, the parent/adult must pay the full price for a replacement. Proper handling and washing (according to the washing instructions on labels) of all uniforms is required. Uniforms should be washed inside out and hung to dry.

At the end of the season, players should properly clean and return the uniform (and any equipment) in a bag with the player's name and the contents of the bag listed on the outside. A player's uniform must be returned by the due date. Non-compliance with this policy may result in parents being financially responsible for the full cost of a replacement uniform.

Any additional items to the uniform must be approved in advance by the athletic director.

N. SPORT-SPECIFIC UNIFORM REQUIREMENTS

Basketball

Parent/Adult and player are responsible for appropriate undergarments and footwear.

Undershirts (if worn) must be the same color as the uniform shirt.

Arm sleeves (if worn) must be purchased from the St. Aloysius Catholic School's Athletics online store.

Biking shorts (if worn) must be same color as short.

Leggings (if worn) must be solid white or solid red.

No jewelry.

Shirts must be always tucked in.

Cross Country

Parent/Adult and player are responsible for appropriate undergarments and footwear.

Football (3-8)

Parent/Adult and player are responsible for appropriate undergarments and footwear.

Footwear: must have rubber or molded cleats.

Undershirts (if worn) must be the same color as the uniform shirt.

Track

Parent/Adult and player are responsible for appropriate undergarments and footwear.

Footwear: running shoes; spikes may not be more than 1/4 inch in length

Volleyball

Parent/Adult and player are responsible for appropriate undergarments, footwear, and knee pads.

Navy volleyball shorts must be purchased from the St. Aloysius Catholic School's Athletics online store.

Arm sleeves (if worn) must be purchased from the St. Aloysius Catholic School's Athletics online store.

Undershirts (if worn) must be the same color as the uniform shirt.

No jewelry.

Swimming:

Parent/Adult and player are responsible for appropriate undergarments and goggles.

Uniform cap will be provided and retained after the season

Team suit may be purchased