



ST. ALOYSIUS

CATHOLIC SCHOOL

Lion's Roar: September 6, 2022

Parents,

Love and Logic is a valuable resource for parenting tips, which I have personally subscribed to for many years. The email filled with parenting tips and suggestions arrives approximately every 2 weeks. Here is the article for September 1. I hope it is a helpful resource for your family.

-Erin Candilora

“The act of chasing joy is like chasing a fearful cat. The more we run after it, the more elusive it becomes. In contrast, the happiest times often pop up when we least expect them, often when we aren’t pursuing them. According to most definitions, “serendipitous” refers to something positive that is discovered or experienced by chance.

How important is it that our children learn that true happiness and contentment are not found in the accumulation of material goods or exciting activities, but are often found in seemingly chance experiences when they struggle with boredom and experience fulfilling relationships?

Years ago, I wasn’t thinking about this too deeply, but I wondered how nice it would be to have some quite time with my son, Cody. “This will be great. Let’s have a technology-free weekend!” He was less than impressed and complained, “Awe, Dad. No, this is going to be the worst.” At first his forecast seemed spot-on. Clouds and high winds swirled around as he moped about the house muttering, “Oh man, this is so boring.”

Searching for something to fill the time, I sat at the table reenacting an activity I’d learned from my grandmother, making a cabin out of wooden matchsticks, toothpicks, and school glue. Bored stiff and still huffing and puffing, Cody sat by my side and began his construction project. Using a hot-glue gun instead of my slow-drying variety, he created an entire village, complete with livestock, before I’d finished the fourth wall of my first cabin. His upset turned to elation as he shared his creation with his mother, posing for a photo with his masterpiece.

While joy does seem serendipitous, we can up the odds of experiencing it by creating more activities that allow us to relate to our kids without the distractions of technology or highly stimulating activities. What’s the tough part? It’s weathering the boredom storms before we can experience the rainbows.

Technology-free periods are just one way to address the problems that can arise with our kids and their technology use. For more tips on teaching your kids that joy can be discovered when they turn off their devices and tune in to other people, including their parents, listen to our audio, [Healthy Kids and Families in a Technology-Filled World](#). Thanks for reading!

If this is a benefit, forward it to a friend. Our goal is to help as many families as possible. Dr. Charles Fay

“ I will rise and go to my father.”

Important Dates

| | |
|---------------------------|---|
| Wednesday, Sept. 7 | 5th/6th Class Mass |
| Wednesday, Sept. 7 | Grandparent Information Form Due |
| Friday, Sept. 9 | Middle School KC Soccer Challenge @enrichment |
| Monday, Sept. 12 | Patriotic Dress Day (red, white, blue, America shirts) |
| October 14-17 | Fall Break- No School |

GRANDPARENT INFORMATION UPDATE: In order for all SAS grandparents to receive additional Grandparent’s Day communications and St. Aloysius School Publications, please [CLICK HERE](#) and complete this form by Wednesday, September 7.
<https://forms.gle/sRiqU5ophaw9caYP8>

5th and 6th GRADE LEVEL MASS- On Wednesday, September 7, the 5th and 6th grades will have mass at 8:15 am. Parents and guests are invited to attend. Since there is ample room, parents and guests will sit with the students in the class's assigned seating area. Please arrive in church before 8:10 am so that the student ushers can help you to find your seating area. Parents with children in multiple homerooms may sit with all children in one class' seating area. Please talk with the children's teacher to decide where to sit.

ALL SCHOOL MASS- On Wednesday, September 14, we will have our first All School Mass. We will collect food for the Food Bank. To prevent overcrowding at the All School masses, we ask that only parents of students facilitating the mass or singing in the choir attend these masses. On September 14, 6th grade, second period Religion class will facilitate the mass. The 6th grade Liturgical choir will be singing.

2022-2023 YEARBOOKS ARE ON SALE: Use [THIS LINK](#) to purchase your yearbook!



LIONS IN ACTION:

Cross Country: Saturday, September 10; Episcopal Round Table Run; Highland Road Park; 10:30am Boys; 10:50am Girls

Football:

3rd/ 4th Football Jamboree:

September 11; 3rd (9:00am/ 10:00am); 4th (11:00am/ 12:00pm) *10 min games; @ St. Aloysius

5th/6th/7th/8th Football Jamboree:

September 11; 1:00, 1:30 (5), 2:30, 3:00 (8) @ OLOM *12 min games

September 11; 1:00; 1:30 (6) @ St. Jean Vianney *12 min games

JUNIOR HIGH YOUTH GROUP: Sunday, September 11th is our Jr High Youth Group kickoff! All 7th and 8th grade students are invited to join us at 6:30 pm in the Parish Hall for dinner, games, and lots of fun!

HOLY SMOKE: Holy Smoke is a St. Aloysius Parishwide BBQ competition which will be held October 15 beginning at 1:00 p.m. If you would like to purchase merchandise and have it delivered to your child's classroom, please visit <https://holysmoke-2022.square.site/> Order by September 12 to guarantee availability on the day of the event!

ST. ALOYSIUS PARISH FAIR: October 28-30, 2022

The Fair website will go live *September 13th at 8:30 a.m.* Please visit www.staloyusiusfair.org on this date. Tent details and information coming soon.



Please 'like' the Fair Facebook page at <https://www.facebook.com/staloyusiusbrfundraising/> for exciting Fair news.

SPONSORSHIPS ARE STILL AVAILABLE! Please contact Tuan and Allison at staloyusius.fair.br@gmail.com for more details!

Prize Booth Donations: Closet clean out? Please donate your gently used (or new!) stuffed animals to the Prize Booth! Donations can be dropped off at the Pastoral Services center starting now. The Fair appreciates your donations!

The mission of St. Aloysius School is to educate the whole child in the Catholic tradition for a life of meaning and purpose.

The background is a dark blue night sky filled with white stars and small white crosses. At the top, there are colorful triangular bunting flags in red, yellow, and white. On the left and right sides, there are stylized fireworks in red and yellow. At the bottom corners, there are stylized bursts of light in yellow and red. A red banner with a dashed border and four black fasteners is pinned across the middle of the page.

JR HIGH YOUTH

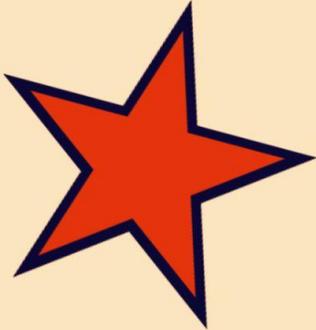
GROUP

SUNDAY, SEPTEMBER 11

6:30 - 8:30 PM

PARISH HALL

7TH & 8TH GRADERS



The Kids are not OK Behavior Management for Anxious Children

Learn more about anxiety in children and how it affects behavior. If what you are doing isn't working, looking at behavior management through the lens of anxiety can help. Topics include identification, behavior management techniques, medication, and accommodations.

Free event, including lunch and door prizes!

5 hours of free CEUs for Social Workers, Counselors, and Educators, Parents, Advocates, Foster Parents.

Friday, October 21, 2022, From 8:30 a.m. til 2:00 p.m.
BREC Ballroom
6201 Florida Blvd.
Baton Rouge, LA 70806

Presented by
GBR Learning Disabilities Coalition
ADAPP/I-Care
LA Child Welfare Training Academy

Registration: www.ldhelp.org
